Spring Edition - April/May/June 2024



Shalom

Newsletter

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Thank you to our Shalom Sponsor

Todah Rabah

תודה רבה

Peter and Denghua Wolff

for sponsoring this issue of the Shalom in honor of the Bar Mitzvah of their son

Harold

Mazel Toy!

מזל טוב



Shabbat Services Friday, April 5 Musical Shabbat Service 7:30 PM Friday, April 12 Tot Shabbat Service 5:30 PM Family Shabbat Service 7:30 PM Friday, April 19 Shabbat Service 7:30 PM Friday, April 26 Pesach Shabbat Service 7:30 PM Friday, May 3 Musical Shabbat Service 7:30 PM Friday, May 10 Shabbat Service 7:30 PM Friday, May 17 Tot Shabbat Service 5:30 PM Youth Celebration Family Shabbat Service 7:30 PM Friday, May 24 7:30 PM Shabbat Service Friday, May 31 Shabbat Service 7:30 PM Friday, June 7 Musical Shabbat Service 7:30 PM Friday, June 14 Shabbat Service 7:30 PM Friday, June 21

JOIN US EVERY SATURDAY MORNING

Saturday Morning Torah Study at 9:00am

Board Installation Shabbat Service

Friday, June 28

Shabbat Service

Join us as we study the Torah portion of the week. All are welcome to learn, discuss and question. No experience or knowledge necessary. We look forward to sharing ideas and opinions, different perspectives and thoughts to discover how Torah becomes part of our daily life.

Shabbat Morning Service-in-the-Round at 10:15am

A wonderful way to learn more about the morning liturgy, meet new people, and share our common links of Torah and worship, prayer and song. A spirited, meaningful and informal Shabbat service for all of our members.

Newcomers are always welcome

(When Hebrew is used, it is translated or transliterated.)

OFFICE AND SCHOOL CLOSINGS

| Main Office | April 23, 29 May 27 June 12, 19 |
|------------------|--|
| Nursery School | April 10, 22-30 May 23, 24, 27 June 17, 19 |
| Religious School | April 21-29 May 1 |

Join Brotherhood or Sisterhood

Brotherhood Meetings Sundays, April 7, May 5 Sisterhood Meetings Tuesdays, April 9

The Standard at North Shore, Our In-House Caterer

Planning a simcha? Mazel tov! Let our in-house kosher-style caterer, **The Standard at North Shore** take care of all of your catering needs from baby namings and B'nei Mitzvah parties, to engagement parties and weddings, to fundraising events and more. Come check out our newly renovated ballroom.

Contact The Standard at North Shore at steve@thepiermontny.com or 516-226-1460.

Upcoming

Monday, April 8

Psychic Night at 7:00 PM

Saturday, April 13

Family BINGO Night at 5:00 PM

Wednesday, April 17

Women's Seder at 6:00 PM

Tuesday, April 23

Passover First Day Service at 10:30am

Passover Second Night Community Seder at 5:30 PM

Monday, April 29

Passover Seventh Day Service at 10:30am

Sunday, May 5

LLL Erev Yom HaShaoh Program at 6:30 PM

Film Screening of "The Devil's Confession"

Tuesday, May 7

Yom Hashaoh Program and Service with Holocaust Survivor and guest

speaker Manfred Korman at 7:00 PM

Saturday, May 11

Ducks Game 6:35 PM

Friday, May 17 and Sunday, May 19

Israeli Dance Program at Oneg on Friday night during Youth Celebration Shabbat and on Sunday during Religious School

Wednesday, June 5

LLL History of Jews with Brad Kolodny at 7:00 PM

Tuesday, June 11

7:30 PM

7:30 PM

Shavuot Study and Program at 7:00 PM

Erev Shavuot Service at 8:30 PM

Wednesday, June 12

Shavuot Morning Service with Yizkor at 10:30 AM

Wednesday, June 19

Annual Congregational Meeting at 7:30 PM

HOW TO REACH US

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Cantor Steven Hevenstone Ext. 109

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Early Childhood Director, Jacqueline Sanchez Ext. 140

jacquie@northshoresynagogue.org

Religious School/Youth Engagement

Jacquelynn Golub Ext. 120

religiousschool@northshoresynagogue.org youthgroup@northshoresynagogue.org

President, Sondra Cardno Ext. 190

President@northshoresynagogue.org

Financial Secretaries, Scott Fisher & Cindy Munter Ext 180

financialsecretaries@northshoresynagogue.org

From the Rabbi's Desk

Rabbi Jaimee Shalhevet



Dear North Shore Synagogue Family,

While the world outside sometimes looks bleak, I find the light of hope in North Shore Synagogue. There are so many good things happening here. From activities to do with family or friends, to community service programs helping those in need, to enriching your own learning and spirituality.

A few enjoyable family moments include our Family Bingo night and our Family bowling

outing. It was so much fun to bowl and play video games (and air hockey!) with our students and their families! I saw some great bowling, some really amazing skills at the basketball arcade area and siblings getting along to see how many tickets they could acquire together or if they could combine their bowling scores to beat those of their parents.

Our community has now come together three times to volunteer to make meals at the Ronald McDonald house outside of Cohen's Children's hospital attached to LIJ. Speaking from personal experience, I can tell you first hand how meaningful a home cooked meal is to parents staying at the Ronald McDonald house while caring for their child in the hospital. The gift which our community gave to those families is immeasurable. We continued through the month of March with the Mitzvah of feeding those with food insecurity by collecting canned and dried goods to stock the shelves at the Sid Jacobson JCC's food pantry. North Shore Synagogue yearns to fulfill these mitzvot as often as possible and I couldn't be prouder to call NSS my home.

Also, it is with great joy that I announce that this High Holy Day Season, we will be rolling out a new Machzor (High Holy Day Prayerbook) for Rosh Hashanah and Yom Kippur. This prayerbook, made to look like our Shabbat Prayerbook, Mishkan T'fillah, is called Mishkan Hanefesh, the temple of the soul.

The most beautiful thing about Reform Judaism to me is that our very name is a verb. To us change is not "inevitable," it is "excitingly anticipated." And what an exciting change this is.

Our new Machzor has every prayer in both Hebrew and transliteration (Hebrew words written out in English letters) allowing everyone, regardless of Hebrew knowledge, to fully participate in our prayers. The English readings in addition to translations offers many new interpretations so that each and every one of you can find <u>your</u> voice in our service. The screens we have used these past few years have already familiarized us with the format of this new prayerbook, but there's so much more to discover!

As we get closer to the High Holy Days, I will share more and more treasures in our new prayerbook. You can experience them in person at classes I will hold or via recordings that will be available on our website. I am so excited for this new step in our High Holy Day services!

As always, never hesitate to call on me to be there in any way I can for your life events or if you have an idea of how North Shore Synagogue can help our families and others. Just book an appointment with me at www.calendly.com/RabbiShalhevet.

All my best,

Rabbi Jaimee Shalhevet

Welcome New Families

New Member

Elaine Feigenbaum

Ongoing Adult Education with Rabbi Shalhevet alternating Wednesdays at 11:30 AM

Torah for Today

(April 3, 17, May 8, 22, June 5 at 11:30 AM)

Learn Torah at a slow pace, spending time to truly understand the deeper meaning of this sacred text. No prior knowledge of Torah or Hebrew is required to participate. Newcomers to the class are always welcome.

Lessons from Our Traditions

(April 10, May 1, 15, 29, June 12 at 11:30 AM)

Believe it or not, Jewish texts both ancient and modern give us guidance on how to raise children, deal with arguments with our spouses, how to handle conflicts, and even how to survive toxic people in our lives. Join THIS class discussion with Rabbi Shalhevet and you WILL believe it. And you will begin to live a happier and freer life if you choose to. It's all in your hands. Give it a try.

TORAH PORTIONS MONTH OF APRIL 4/5 Shmini Leviticus 9:1-11:47 4/12 Tazria Leviticus 12:1-13:59 4/19 Metzora Leviticus 14:1-15:33 Ex., Num. 33:12-34:26, 28:19-25 4/26 Passover **MONTH OF MAY** 5/3 Achrei Mot Leviticus 16:1-18:30 5/10 Kedoshim Leviticus 19:1-20:27 Leviticus 21:1-24:23 5/17 Emor 25:1-26:2 5/24 Behar Leviticus MONTH OF JUNE Bechukotai Leviticus 26:3-27:34 6/7 6/14 Bamidbar Numbers 1:1-4:20 6/21 Nasso **Numbers** 4:21-7:89 Beha'alotcha 6/28 **Numbers** 8:1-12:16 7/5 Sh'lach Numbers 13:1-15:41

Cantor's Notes Cantor Steven Hevenstone



Why Do We Sing?

Have you ever walked into a Synagogue or Church to attend a regular weekday or weekend service and the prayers were mumbled quickly in quiet tones, the sermons delivered quietly, the responses barely heard? It would be as if something were missing,

something important. Imagine for a moment that you go to a Broadway Musical and instead of an orchestra, instead of the performers singing, they only quietly say the lines, without rhythm or rhyme, and I am not talking about rap as in Hamilton, but just spoken. It would feel like something was missing. Or you go to a movie, let's say one of the Marvel Movies. You get yourself set for an entertainment experience and the movie begins quietly, without introduction music, and each scene is spoken quietly with no background music. Again, something would be missing, something important.

Music is important to us physiologically as well as an important part of communication. As a Cantor I focus on the music, not just the *T'fillot* we pray. It is important that the music chosen can help to interpret the words and emphasize the theme of a specific prayer. I can utilize my voice, a guitar, a band in the background, a choir, etc. The music helps to make the service spiritual, bringing the community together as One Voice.

"Singing is proven to release endorphins and oxytocin, which is known to stimulate feelings of trust and bonding while eliminating anxiety and depression. Singers have been observed to have lower levels of cortisol, indicating reduced stress levels." (Source: https://www.londonsinginginstitute.co.uk/what-happens-when-we-sing/#:~:text=Singing%20is%20proven%20to%20release,cortisol% 2C%20indicating%20reduced%20stress%20levels.)

As I was studying to become a Cantor I had the privilege of attending services in various synagogues, churches and mosques. In each case it was the music that would lift the congregation to a joyous chorus. The sung prayers felt more powerful, more intense than if they had been recited individually. You can feel the energy of a communal prayer when every voice is raised in song and you just know your prayer is being heard.

Singing together helps us to strengthen our community and interpersonal connections. One way we can see this develop is in a choir. For example, you can see the difference when members of a choral group rehearse separately, and then when they come together to work as a group. They attain a sense of purpose that is larger than a single individual. Each different voice type is blended together. Our ancestors recognized the power of rhythm and music and we have been creating musical motifs for our prayers ever since. This not only makes them easier to learn but it also has the added benefit of making us feel better when we sing them. Even if people gather together only one time a year for a service like Passover or the High Holy Days our voices join together in that musical celebration of community.

There are documented health benefits to singing. There was a study published in "Frontiers in Psychology" by researchers from the Centre for Performing Science, Royal College of Music, London, UK: "...reveals that singing brings stress relief by reducing cortisol levels (the stress hormone.) Singing is great for our immune systems as it increases our levels of immunoglobulin A, and antibody blood protein essential for immunity. These levels are much higher when we sing as opposed to listen to music...." (source: https://medium.com/@thekisshouse/the-power-of-singing-7e66207f7e4).

One of my favorite rebuffs when I ask Congregants to sing with me is "you do not want to hear my voice", or "I'm tone deaf – I can't sing". If you enjoy listening to music then you are not tone deaf. The technical name for this condition is called Amusia and it affects approximately 4 per cent of the population. Those with the condition are unable to process and replicate musical sounds. Therefore, if you derive pleasure from listening to music you are definitely capable of singing.

"Our voice is one of the most personal things we have, it is part of our identity. It is the instrument that we all carry with us, all of the time." (source: https://medium.com/@thekisshouse/the-power-of-singing-7e66207f7e4)

Singing is something we can all participate in, not just for the shower, but along with each other at a service. So the next time I ask you to sing along with me, relax, open your mouth and allow yourself to become immersed in the song, all the while feeling your levels of cortisol go down and your endorphins rise up!

Have a wonderful Pesach, Shavuot, and start to your summer.

Cantor Steven Hevenstone

Do you play a musical instrument?

Join our Shabbat Band! Share your talent and come play your Instrument at one of our Musical or Family Shabbat Services. We look forward to you joining our band.



Clarinet Saxophone Cello Violin Viola

For more information contact office@northshoresynagogue.org

Membership Committee

Join the North Shore Synagogue Membership Committee. Our committee helps to recruit new members and engage our current members. Help us reach out to those in the community and show them how amazing North Shore Synagogue is. Have creative ways to engage and connect with our current members? Share them with this committee. All ideas welcome. We are always looking for new members.



A Message from the President Sondra Cardno

The spring like weather is upon us and hopefully the cold of winter is done. While snow lovers weren't too happy, the children enjoyed a day off from school, and parents were thankful for only a few inches to shovel. The winter season at NSS was quite busy and had so many events for everyone to enjoy.

Our Mitzvah day program was such a success where adults and children helped pack individual toiletry kits, snack bags, made no sew blankets and stuffed animals. All were donated to those in need across Long Island. What better way to teach your children the importance of helping others and performing mitzvot. Volunteering at the Ronald McDonald House in New Hyde Park was another mitzvah we participated in. On 3 separate visits, we planned and cooked meals for the residents who stay there while their children are in the hospital next door. It was an experience like no other. I highly recommend you volunteer with us next time.

We officially welcomed Cantor Hevenstone to our synagogue family at his installation service and concert. It was wonderful to have Cantor's family and friends as part of the celebration. Several cantors shared their voices for a beautiful concert. We are thankful to have a kind, warm, musician among us who also brings a ton of laughter and fun to our clergy team. I hope you enjoyed this exciting evening. We look forward to having him on our bimah and teaching our students for many years to come!

Our life long learning and social justice committees sponsored some wonderful educational programs. An evening with David White from the ADL discussed antisemitism on school and college campuses and within our every day life. Professor Colombo included a presentation and discussion about religious liberties in modern America. We enjoyed having Arthur Kurzweil and his wife Bobby as part of our scholar in residence weekend. Mr. Kurzweil attended services on Friday evening and shared his wisdom. On Shabbat morning he presented a study of Talmud. Sunday morning he ran a program of looking for G-d in a magic shop which intrigued so many with his words and magic tricks. It was such a wonderful weekend for all.

Rabbi and Cantor continue to teach our Adult B'nei Mitzvah and Confirmation class, teaching Hebrew and Judaics to help those attending feel more comfortable at services and just being a Jew. Join us on this Jewish journey and celebrate your future adult mitzvah with us.

Our active sisterhood continued to sponsor programs such as a night at chocolate works and making a glass mezuzah and our brotherhood meets for their monthly breakfast. We thank both groups for their generous donations and support of the synagogue programs. Watch for Brotherhood to be serving up hot dogs at the Purim carnival!

Families enjoyed an afternoon of bowling and the children were so excited to have Rabbi Jaimee, Cantor Steve, Executive Director Jacquelynn and Nursery School Director Miss Jacquie participate. It was amazing to see their smiles and faces light up when they saw them. Many of our religious school children continue to participate in our youth group events such as playing minute to win it games, making ice cream and tie dyeing and they're already excited for the upcoming chocolate Seder. Our teens who attend Jtel had fun at our interfaith teen

night, working together with their friends to assemble dental kits for those in need and playing games to learn more about each other.

With the spring upon us, the holidays of Purim and Passover are front and center. The children in religious school are getting ready to present their annual Purim shpiel (play) during our Purim weekend celebration. Adults will enjoy Improv night on Saturday March 23rd. The sound of laughter will continue and fill our building on Sunday March 24th as families enjoy the children's shpiel and carnival.

Passover is one of our most sacred holidays, celebrating the Israelites exodus from slavery to freedom. It is one of my favorite holidays. For many years my parents hosted a full Haggadah, cover to cover, Seder on the first and second night of Passover with over 25 family members and friends each night. It was one of the few times a year where everyone was together enjoying each others company and of course all of the traditional delicious foods. Our synagogue continues tradition of hosting both a Women's Seder on April 17th and a 2nd night Seder on April 23rd. I hope you can join your synagogue family for these beautiful evenings.

Just as the winter was, the spring too will be busy at NSS with psychic night, more educational programs, a red carpet evening with Broadway tunes, our annual golf outing and so much more. Get out of your house and come in to ours. Take a breath of fresh air in the warmer weather outdoors and feel the warmth of our synagogue community. As spring is a time of renewal and a time for flowers to bloom, renew your connection to our synagogue by attending our upcoming events, and watch your life bloom with happiness.

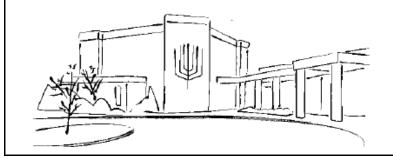
Sondra Cardno, President

Don't Forget...

Annual Congregational Meeting

Wednesday, June 19 at 7:30pm

Join your fellow congregants to learn what's happening at North Shore Synagogue. Vote on the slate of officers and trustees for 2024-2025, our budget, and the nominating committee members for the next year. All members in good standing may vote. We hope to see you there.



Sharing Our Lives

Condolences

Samuel Good: father of Larry (Judy) Good, Howard (Barbara) Good, Elliot (Toni) Good, and Arnold (Lisa) Good; and grandfather of many.

Allan Greenberg: father of Daniel (Laura) Greenberg, Meryl Wolfe, and Debra (Edmond) Verbeke; grandfather of Eric (Cassie), Matthew (Sarah), Jeremy, Hayley, Cole, Samantha, and Nicole; great-grandfather of Cooper.

Eric Gottlieb: son of Debbie and David Shapiro, son-in-law of Teri and Jeff Axel, husband of Chelsey Gottlieb, father of Luke and Ella, grandson of Julie Shapiro and Ian Cohen, brother of Adam (Rachel) Gottlieb, Zach Shapiro, Adam Shapiro and Ben (Hannah) Shapiro, brother-in-law of Lindsey (Michael) Seidel and Jared (Nikki) Axel, uncle of Cooper.

Steven Barken: son of Joseph and Ida Barken; brother of Sylvia Baxt; uncle of Lisa Baxt, and Gail (Peter) Deluca; and great-uncle of Matthew Deluca, Daniel (Daniela) Deluca, and Sarah (Joseph) Arciprete.

Ilene Rosenbaum: wife of Peter Rosenbaum; sister of Richard (Jodi) Kornblath; mother of Roy (Andrea) Rosenbaum and Jordan Rosenbaum; and grandmother of Fordham, Cooper, Essex, and Logan.

Evelyn Levine: mother of Michael (Laura) Levine and Alan (Darcy Wildermuth) Levine; grandmother of Aaron (Amy Pattishal) Levine, Daniel (Sherry) Levine, Robert (Amy Tucker) Levine, and Amy (Zachary) Ketcho; and great-grandmother of Haley, Ella, Callie, Riley, Collin, and Bryce.

Douglas Feinberg: husband of Rita, father of Alaine Feinberg, Steven (Mia) Feinberg, grandfather of Jonathan, Joshua, Juliana, and Jarah.

Naomi Winick: wife of Theodore, mother of Sherri (John), Evan (Miriam), Steve, and Lauren, grandmother of Alex, Ben, Bailey, Tristan, Chelsea, Jared, and Samantha, sister of David and Lois.

Selma Gorelick: mother of Sydney, Susan (Alton), grandmother of Benjamin, Joshua, and Blythe.

Evan Gelber: husband of Susan Gelber; brother-in-law of Jay (Anne) Fishbein; father of Nicole (Joel) Gelber, Corey (Lauren) Gelber, Matthew (Lauren) Shapiro, Corey (Lara) Shapiro, Lauren (Zach) Feit; grandfather of Aiden, Ava, Serena, Spencer, Decker, and Dean.

Jack Hayne: father of Mitch (Melanie) Hayne; grandfather of Matthew (Kaitlin) Hayne; great-grandfather of Jude Adler

Mazel Tovs

Mazel tov to **Larry and Ruth Berland** on the birth of their grandson, Gabriel Ryan Berland. Proud parents are Michael and Melissa Berland. And proud big brother is Brett.

Mazel tov to **Audrey Barnett** on the birth of her great-grandson, Gabriel Ryan Berland. Proud parents are Michael and Melissa Berland. And proud big brother is Brett.

Mazel tov to **Lewis and Marcie Eichenholtz** on the birth of their granddaughter, Romy Irwin Eichenholtz. Proud parents are Eric and Hannah Eichenholtz.

Mazel tov to **Ira Friedman** on the birth of his great-grandson, Elliot James Heidelberger.

Do a Mitzvah!

We are looking for volunteers to assist in ushering at Friday evening Shabbat Services and B'nei Mitzvah Services on Saturday mornings. Please contact the office if you are able to help. 516.921.2282 x100.



To Honor and Remember

Mishkan T'filah Bookplates (\$54 per bookplate)

Dedicate a prayer book in memory of loved ones or in honor of someone special or a noteworthy occasion.

Simcha Wall Plaques (starting at \$500)

Commemorate a joyous occasion.

Butterfly Wall (starting at \$108)

Honor and celebrate precious moments in your child's life. Add a butterfly to the Gateway Wall of the Nursery School Wing.

Cemetery Plots (\$4,500 per plot)

Judaism teaches us that purchasing one's plot while still alive is a segulah (spiritually propitious act) for longevity, because by doing so one contemplates one's own mortality and uses one's time allotted on this earth more wisely. The Cemetery Committee is selling plots in the Synagogue's section at Beth Moses Cemetery in Farmingdale (only single plots available). Please note maintenance at Wellwood, New Montefiore and Beth Moses cemeteries is provided at no cost. Any concerns regarding maintenance should be brought to our attention.

Memorial Plaques (\$550 per plaque)

Remember a loved one in perpetuity with a solid bronze memorial plaque on our Illuminated Memorial Tablet in our Sanctuary.

Oneg/Flower Sponsors (\$180 and up)

Did you know you could sponsor the oneg and flowers? Do you have a birthday, anniversary, wedding, or simcha coming up? Let us celebrate with you! Your contribution will help defray our cost.

Get involved by Volunteering!

The North Shore Synagogue Board of Trustees is seeking congregant volunteers to join the following committees:

- Fundraising
- Nursery School
- Membership
- Mitzvah / Caring
- Social Justice
- Marketing & Social Media
- Youth Learning and Engagement

Please contact Jacquelynn Golub (516.921.2282 ext. 106) or Sondra Cardno (ext. 190) at your earliest convenience. Join your Board of Trustees in making NSS better everyday!

Mazel Tov to our B'nei Mitzvah

We wish a hearty Mazel Tov to all of our upcoming B'nei Mitzvah and their families:

Gavin Bloch - April 13, 2024

Emma Korval - May 11, 2024

Wyatt Silberstein - May 18, 2024

Harold Wolff - May 25, 2024

Paige Heller - June 1, 2024

Savannah Kirshenbaum - June 8, 2024



My name is Harry Georg Wolff. I am in the 7th grade and attend South Woods Middle School. I am going to become a Bar Mitzvah on May 25th. My family is diverse. My mother, Denghua (commonly called Annie) comes from The Anhui Province in China. My father is an American Jew whose great and great, great grandparents came from Eastern Europe (Bialystok and Berlin). Rounding out my family, is my little brother, Daniel Wolff. I enjoy drawing, playing violin, playing video games (when my mother lets me), collecting Pokémon and lastly, talking with my friends like Nicole. I have memorized over a 1000 Pokémon. I can read, speak and write Chinese. I hope to become better at Hebrew. My Mitzvah project is playing violin for the aged, sick and infirm. I also participate Cohesion Projects to bring people together. My favorite Jewish foods are jelly donuts, potato latkes, lox and bagels, and hamantaschen. I also like Japanese and Chinese food. My grandmother used to make the best potato latkes. My favorite Jewish holiday is Purim because of a story that Rabbi Jaimee told me. Passover is another great holiday because we celebrate at home and spend time together as a family. To become a Bar Mitzvah is to learn the meaning and ways of being a Jew and practice them throughout your life... To be a Jew, after all, is to be holy.



My name is Paige Heller, and I am in 7th grade at HBT Middle School. I am going to become a Bat Mitzvah on June 1, 2024. My parents are Melani and Max Heller. I don't have human siblings but do have a Shih Tzu brother named Ollie who is three years old. I have 3 living grandparents: Abby & Mark Cook and Janet Heller. My Poppy Howard is no longer with us, and I miss him very much. I enjoy playing tennis, volleyball, dancing, shopping and spending time with my friends. I go to Island Lake Camp in the summer and love it! For my mitzvah project I am supporting the Little Shelter Animal Rescue & Adoption Center to provide much needed supplies for dogs. I love animals and I want to make sure they have a good life and are comfortable while they wait for their "forever homes". I am collecting supplies and money to purchase items from their "wish list" and bring them to the shelter for the animals. I also plan to donate some of my gifts to a cancer charity since my family has been affected by cancer and I would like to support funding to help those going through cancer treatments and to help find a cure. My favorite Jewish food is brisket, and my favorite Jewish holiday is Hanukkah when I get to celebrate with family. To become a Bat mitzvah to me means becoming a Jewish adult and having responsibility to continue the Jewish history and traditions with my family. I look forward to celebrating this accomplishment with my family and friends.



My name is Savannah Kirshenbaum and I am in 7th grade. I attend South Woods Middle School. I am going to become a Bat Mitzvah on June 8, 2024. There are 5 people in my family, my parents Jodie and Michael and my two sisters: Sabrina age 14 and Arielle age 10. I have 4 grandparents: Barbara and Lenny Grunbaum and Donna and Sy Kirshenbaum. I am on many teams: soccer, softball, volleyball, flag football. I also like to ski. I am unsure what my mitzvah project will be at this time. My favorite Jewish food is Matzoh Ball Soup and my favorite Jewish holiday is Hanukkah. To become a Bat Mitzvah means that I am now seen as a Jewish adult and I need to take on more responsibilities.

Keep Us Informed

Got Good News?

Engagements, marriages, births, graduations, special accomplishments? Send your information by email to office@northshoresynagogue.org or contact the office at 516-921-2282, so we may share your simchas with the congregation.

Please Let our Clergy Know!

Current laws prevent hospitals from releasing names of patients. Please call the synagogue office when you, a family member, or a friend are in the hospital and would welcome a visit.

In Times of Bereavement

At the hour of loss, the clergy of NSS wants to be helpful to you. After office hours, we can be reached at 516-921-2282 ext. 8. If you wish us to officiate at the funeral of your loved one, please have the funeral home ensure our availability at the time you desire before finalizing your arrangements.

Nursery School News

Jacqueline Sanchez, Director

The nursery school has said goodbye to winter and is super excited for spring to arrive. We enjoyed so many fun winter activities and we even were lucky to enjoy a snow day. Our favorite day was celebrating National hot chocolate day. The hot chocolate and marshmallows were so yummy! We also had a visit from the dentist who told us all about how to take care of our teeth. We learned about shadows as we anxiously waited to see if the ground hog would see his on February 2nd. During the month of February we enjoyed many fairy tale stories and March was all about Dr. Seuss. We loved coming to school dressed silly each day for our Dr. Seuss spirit week. March brings windy weather! We learned and did many experiments about wind. The best part was making wind socks.

We enjoyed celebrating Tu B'Shevat. We had a seder in our classrooms and enjoyed fruits and juice to represents each season. We talked about the importance of trees and decorated our classroom tree to represent each of the 4 seasons. Our Purim celebration was so exciting. The children came to school dressed in costumes and we performed our Purim songs for our families.

The nice weather has brought everyone outside. The children are enjoying time on the playground. They also love to go to the outdoor nature classroom. They love playing in the sandbox and creating pictures with the sidewalk chalk. We are looking forward to planting in our flower boxes!

The UPK celebrated the 100th day of school. The families were invited to school to participate in activities with the children. The children loved showing the parents that they were 100 days smarter.

March is also Parent teacher conferences, the teachers love meeting with the children's parents to talk about how much they have grown since September!

Jacqueline Sanchez















We invite you to honor and celebrate precious moments in your child's life by adding a butterfly to the Gateway Wall of the NSS Nursery School Wing. Our Nursery children have matured into beautiful butterflies and are now going off to their next big adventure:







Kindergarten! Please place your orders right away if you would like them in time for graduation! Let's work together to make the walls of our Nursery School vibrant and exciting for our children.

Butterflies are available in three sizes:

Small (3 1/2" x 4 1/4"): \$72

Medium (4 5/8" x 5 3/4"): \$108

Large (5 7/8" x 7 1/4"): \$180 (limited quantity & colors)

Forms are available in the Nursery School and synagogue Office.

Religious School & Youth Programming

Jacquelynn Golub and Cantor Steve

As we enter spring we see the flowers blooming, just like our Religious School children's knowledge is blooming. So much wonderful learning has been going on in and out of the classroom and as we walk into the Religious School classrooms, you can really see how much the children have learned this year.

With only a few weeks left until the end of the school year, we get excited for Passover and

our end of year Youth celebration, while at the same time reflecting on all of the great programs, events, services and learning opportunities we had during the year.

On any Religious School day (Sunday, Monday, or Wednesday) you can walk into the Religious School and see our students engaged with their teachers and the clergy actively involved in their education. From watching the Rabbi and Cantor greet the families, to working with our students in the classroom, to teaching our students T'filah (prayer) and music in the sanctuary, our children form lasting bonds with the clergy leading up to their B'nei Mitzvah.

Celebrate all of our students and teachers at our Youth Celebration Shabbat Service on Friday, May 17th at 7:30 PM. In addition our seventh graders will be helping to lead the service and presenting their L'dor V'dor (generational) projects.













Youth Celebration Dinner and Service

You are cordially invited to join us as we celebrate the youth of our synagogue who actively participate in Jewish activities at North Shore Synagogue.



CELEBRATING OUR YOUTH

Nursery School

Religious School

Youth Group

Madrichim (student aides)

J.tel (Jewish Teen Experiential Learning)

Presenting our annual L'Dor V'Dor Project

Please RSVP by Tuesday, May 14th office@northshoresynagogue.org 516-921-2282 ext. 100

EVENT

NOSHTY Youth Group Grades K-6

2023 2024



NOSHTY – North Shore Synagogue Temple Youth Group provides an opportunity for children to socialize with other children their age. We offer an exciting combination of social and cultural programs beyond the more formal environment of Religious School. Youth Group is included for all Religious School students. Want to bring a friend? All inhouse events are \$25 for a child not enrolled in Religious School.

Our NOSHTY Youth Group children had fun at our Minute To Win It event, Ice Cream Bowl, and Tie Dye Sand Art Party! We can't wait for our Annual Chocolate Seder on April 14th and Hibachi Night on May 11th.



































Brotherhood and Sisterhood

Brotherhood Business

Harold Mitchell Brotherhood President

With winter in the rearview mirror, we are looking ahead at what is to come and to fill you in on what's been going on with our group.

The Super Bowl Pool was a wonderful success with some very happy winners. The Temple received half the proceeds as well. We also co-sponsored the recent Family Bowling event which was also a huge success. We look forward to the Spring starting with the Purim Carnival; a very special event with Sisterhood in May; and of course, the Brotherhood Paid-Up Annual Dinner.

A special Mazel Toy to one of our Synagogue Members and Brothers Jack Hayne, who turned 100 years young in January! Unfortunately Jack passed away in late March. We send the entire Hayne family our condolences.

Brotherhood Breakfasts are still the first Sunday of the month at 9:30 and new members are always welcomed to be our special guests, come say 'hello!'



Sisterhood Scoop

Ginny McNulty, Sisterhood President

Happy Purim, Happy Spring! Since we last "spoke", we've held a few fun events. In February we made chocolate pretzel pizzas with all sorts of candy and marshmallow toppings. In March we had a class on how to make our own mezuzahs with pieces of colored glass. We learned how to score and cut the pieces and place on a glass backing. It was so interesting and much fun. We held our Purim Fundraiser of Mishloach Manot and thank you for your support. Coming up, Monday, April 8, we will be hosting a night with psychic Josephine Ghringhelli, we will be serving a light dinner and dessert. Wednesday, April 17 is our Women's Seder, please join us for an evening of song and celebration. On Thursday, May 9, along with the Brotherhood we will be hosting a Scotch tasting with cocktails and charcuterie, mixologist Joe Coleman will once again be joining us. We look forward to seeing you at these events. As this is my last term as Sisterhood president, I would like to thank you all for your continued membership, your attendance at events and most of all your continued support. I would like to thank the Sisterhood Board, we have worked together and became a team of women supporting each and every one of our members. I have truly enjoyed my term as president, it has been an amazing 5 years! Thank you!





























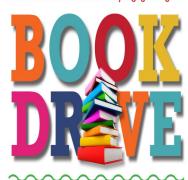


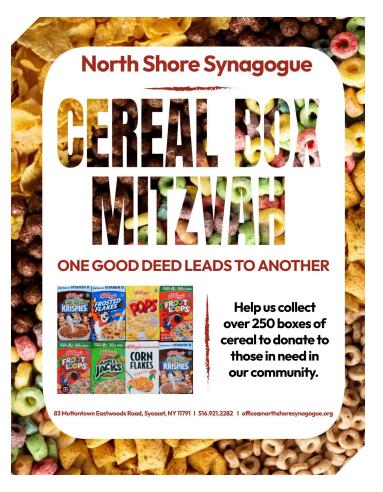
Donate your old gently used books to benefit Book Fairies. The Book Fairies collect and distribute books to those in need across LI and NYC.

Book Drive Collection Information

- We are collecting children's books from baby to young adult, as well as adult books.
- Books should be intact with no torn or missing pages or coves, as well as odor and mold free

For more information, please contact the synagogue office at office@northshoresynagogue.org





North Shore Synagogue Women's Seder

~Sponsored by Sisterhood~

WEDNESDAY, APRIL 17, 2024 AT 6:30 PM

This event is complimentary to all paid-up Sisterhood members. Guests are \$60 per person





Catered by The Standard at North Shore.

Celebrate

Connect the generations, mothers, daughters (10+) friends and family and celebrate as Rabbi Shalhevet leads us in song and prayer.



Yom Hashoah Holocaust Remembrance Day

May 6, 2024

will be held May 7, 2024 7:00 PM

Program/Service



Hear first hand testimony from survivor Manfred "Manny" Korman of Great Neck, NY. We will also commemorate Yom Hashoah with a short service to remember those who have perished and honor those who have survived.







Mitzvah Goreret Mitzvah

One good deed leads to another good deed

Keep an eye out for news about upcoming Mitzvahs!!! News will be sent via email so check regularly and of course, register to help perform a Mitzvah!! Programs will include:

- 1. Visiting the residents of Orchard Estates Assisted Living in Plainview (with music and craft projects)
- 2. Cereal Box Mitzvah donated boxes of cereal from religious school students, nursery school students and the congregation will be used to create a "domino effect" in the hallways for our students to watch. The point of the domino effect is to demonstrate how each good act can lead to another!! The cereal boxes will then be donated to various food banks across Long Island.
- 3. Making birthday boxes (items to help make a birthday party like balloons and tablecloths and party paper goods) for children in need.
- 4. Sandwich making for those in need.
- 5. Filling back packs with school supplies provided by the UJA which are purchased from the UJA from funds provided by NSS Sisterhood and from donations made to the Mitzvah Fund.



To celebrate or commemorate a special event in your life or to honor one's memory, you can acknowledge them by making a monetary donation to the Mitzvah/Caring Fund and you will be helping support our Mitzvahs.

In Person Shiva Visits

The Mitzvah Committee is pleased to announce that we have now resumed making in person shiva visits to those in our congregation who have lost a loved one. As part of the Shiva visit, we will be delivering a cookie platter for your family.

INTERESTED?

Interested in participating and/or helping to plan future Mitzvot held at the synagogue? Please contact the Mitzvah Committee through the main office. We could always use your help!



Mitzvah Day

On January 7th, over 125 NSS volunteers of all ages gathered to complete many different Mitzvah Projects in just two hours!! Over 100 snack kits (granola bars, raisins, water, fruit cup and wipes), Dental kits (toothpaste, a toothbrush and mouthwash) and Wash Up Kits (soap, deodorant, shampoo and a wash cloth) were placed into large zip-loc bags ready to be delivered. The kits were delivered to The Inn in Hempstead, The Haven House in Huntington and The Gerald Ryan Outreach Center in Wyandanch. They were all well received! No sew blankets were made and donated to the Pro-Health Optum Hematology Oncology Center. Our ongoing Knitzvah Project, which involves knitting and crocheting squares from different colors of yarn, were made on Mitzvah Day. These squares will eventually be assembled into lap blankets at the Sid Jacobson JCC. These blankets will then be delivered to patients who receive infusions. Stuffed animals were made, each with their own tag and were delivered to the Ronald McDonald House. The animals were well received and were placed in each of the resident's rooms. Dinners comprised of meatballs, spaghetti, salad and chocolate chip cookies were all made during Mitzvah Day and delivered to senior housing and individual households through the Mid-Island Y. Pillowcases were decorated with appliques and were delivered to The Baby and Family Center at the Sid Jacobson Y. Special thanks to all who participated and helped with this very successful day!!

Ronald McDonald House Mitzvahs

On January 25th and then again on March 3rd, two different groups of NSS volunteers made a delicious dinner of tacos, salad and brownies for family members who were staying there. Ronald McDonald House allows families to stay there who have children who are patients at The Cohen Children's Hospital across the street.

March Mitzvah

During March, the Mitzvah Committee had a food drive and collected specifically requested food items to help stock the shelves of The Sid Jacobson Food Bank. After the drive was completed, NSS volunteers delivered the collected food to The Sid Jacobson Food Bank and to help replenish their shelves with these needed items.

Many thanks to the Universal Pre-K Nursery parents who collected sets of new pajamas for children. They were delivered to Mercy First, a hotel in Jericho and The Gerald Ryan Outreach Center in Wyandanch.

Tikkun Olam Committee Co-Chairs Patrice Grossman and Ilene Zelniker

















































Committees

Lifelong Learning Committee Susan Kopech

The Lifelong Learning Committee has been busily planning a number of exciting Spring events and activities. We had a **Scholar in Residence** weekend, **March 1 through 3**, featuring Arthur Kurzweil, a creative, exciting author, teacher and amateur magician. We enjoyed listening to Mr. Kurzweil Friday night at services, followed by a Talmud study and a Shabbat luncheon study program on Saturday. Sunday congregants enjoyed a cool magic program after Religious School for adults and students, "Looking for God in a Magic Shop." North Shore Synagogues' lifelong learners were also honored at Shabbat Services on **March 1**. On **March 11**, Daniel Gross presented his new book on Edmond J. Safra and his global financial empire. A book signing followed. We have a brilliant film screening of the film entitled "The Devil's Confession" on Yom HaShoah, **May 5**, Q&A to follow moderated by Rabbi Shalhevet. **May 17 and 19**, we'll have lots of family fun learning Israeli dancing at Shabbat Services, and during Religious School, **May 19**. **June 5** we're proud to host Brad Kolodny, author of several books about the Jews and synagogues of Long Island, to educate us and answer our questions about the history of the Jews (and maybe our own families) in Long Island. Lifelong Learning was also proud to co-sponsor with the Social Justice Committee a program on Religious Liberty with Professor Columbo of Hofstra University, moderated by Mark Goidell. Please join us and support all of our events. Watch our weekly "Happenings" for more information and other exciting opportunities to learn, *b'yachad* (together)!























Rabbi Shalhevet and Cantor Hevenstone out in the community.







Cantor Hevenstone's Installation

What a wonderful weekend it was celebrating Cantor Steven Hevenstone officially being installed as the Cantor at North Shore Synagogue. Thank you to everyone who made this weekend possible with a special Friday Night Service, Wine and Cheese Welcome, Installation Ceremony, Concert, followed by a Dessert Reception. A special thank you to Rabbi Shalhevet, the junior choir and children soloists, our instrumentalists Scott Stein on piano, Nathan Hevenstone on guitar and Aaron Hevenstone on drums, and guest Cantors Jeffrey Weber, Ofer Barnoy, Xan Weiser, & Talya Smilowitz.











































Family Bowling

North Shore Synagogue Bowling! On a cold winter day, North Shore Synagogue went bowling at Syosset Lanes with Rabbi Jaimee, Cantor Steve, Executive Director Jacquelynn, congregants, and friends. With over 150 people in attendance, everyone had a great afternoon with friends bowling, playing in the arcade, eating pizza and cake.













































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The birth of our grandson, Gabriel Ryan Berland

Larry & Ruth Berland

The birth of my great-grandson, Gabriel Ryan Berland

Audrey Barnett

The birth of Scott & Carol Fisher's grandson, Derek

Austin Coltrinari

Larry & Ruth Berland

The birth of Ira Friedman's great-grandson, Elliot

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The Birth of Romy Irwin Eichenholtz, granddaughter of Lewis and Marcie Eichenholtz

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To The Staff, Board, Clergy, and All at North Shore

Synagogue Melvyn & Norma Drossman

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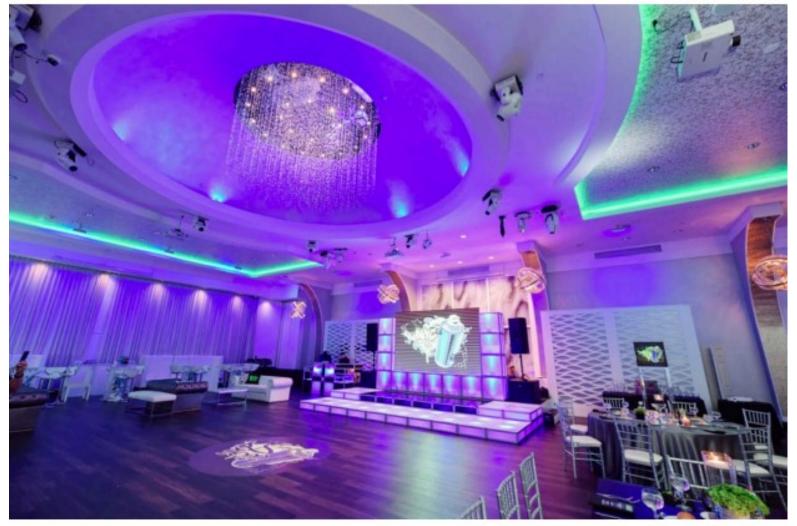
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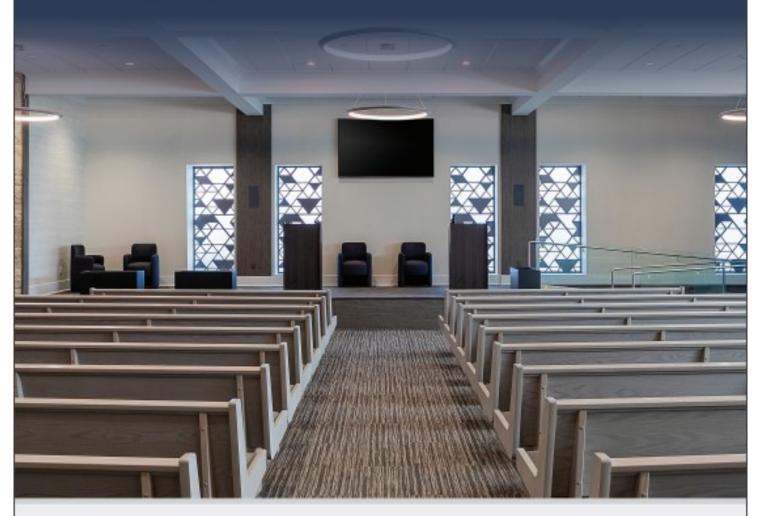
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